



Arthritis is one of the most prevalent chronic health problems and the nation's leading cause of disability among Americans.

Arthritis limits everyday activities such as walking, dressing, and bathing for more than several million Americans.

For many, Arthritis pain can severely limit a person's ability to enjoy life.

In conjunction with St. Vincent Orthopedic Center the surgeons of Arkansas Specialty Orthopaedics have launched a Joint Replacement program called the Joint Academy.

There are numerous advantages for patients that participate in the Joint Academy:

Joint Academy takes on a wellness approach for Joint Replacements.

Joint Academy relies on traditional principles of patient focused care, interactive physical therapy, and nursing interaction.

Joint Academy has been developed to produce a sense of autonomy and professional pride. This reflects to our patients as well as our confidence and excellence in our field.

What can one expect when he/she is a part of Joint Academy?

- Uniform Focus Care
- Extensive Pre-op Education
- Dedicated Coordinator
- Group Meals
- Group Therapy
- Dressed In Own Clothes
- Family Participation
- Private Room

St. Vincent Orthopedic Center is the #1 Orthopedic Center in the state.

For more information go to [www.stvincenthealth.com/ortho/joint\\_academy.html](http://www.stvincenthealth.com/ortho/joint_academy.html) to see patient testimonials, images as well as videos on the Arkansas Specialty Orthopedics surgeons who are a part of the Joint Academy.

